

55 PLUS PROGRAM COURSE REGISTRATION FORM 2012-2013

PERSONAL INFORMATION

☐ New Student ☐ Returning Student ☐ Returning Student with change of information

First Name _____ Last Name _____

Address _____ City _____ Province _____

Postal Code _____ Telephone _____

E-mail Address _____ Date of Birth _____

COURSES REQUESTED

COURSE #	START DATE	COURSE NAME	FEES

NOTE: Courses are subject to change or cancellation. Fees are subject to change without notice.

☐ Please check if you would like an official tax receipt for your donation of \$20.00 or more. Your donation will assist in maintaining this exceptional program.

* Payment plans available. Call 204.982.6633 for more information

TOTAL TUITION

DONATION AMOUNT

TOTAL SUBMITTED

Students receiving Guaranteed Income Supplement, or that have a financial need are automatically eligible to receive the Gwen Axworthy Bursary or the Helen S. Malroy Memorial Bursary to attend one class per term at no cost.

Please check one: ☐ **Gwen Axworthy Bursary** ☐ **Helen S. Malroy Memorial Bursary**

METHOD OF PAYMENT

☐ **Cash** (No cash accepted after 4pm or on Saturdays)

☐ **Cheque or Money Order** (Made payable to "The University of Winnipeg")

☐ **Interac** ☐ **Visa** ☐ **MasterCard**

Card # _____ Expiry Date _____

Freedom of Information Protection of Privacy Act

Information collected here will be used by the University for registration and communication purposes (including phone messages). It is collected in compliance with Freedom of Information and Protection of Privacy Act (FIPPA).

PROFESSIONAL, APPLIED AND CONTINUING EDUCATION

55 PLUS PROGRAM | FALL 2012

WELL BEING FOR SENIORS I

\$144

COURSE #	INSTRUCTOR	DAYS
D55 21421 1201	Ben Trunzo/Leo Berube	12 Mondays
DATE	TIME	ROOM
Sept 10-Dec 3 (no class Oct. 8th)	10:30-12:00pm	Duckworth Centre/Auxiliary Gym

This course is intended to increase participants' strength, flexibility, balance, and mobility. This course will be useful to those who are relatively inactive or for those individuals who wish to improve their fitness level.

THE BEATLES & THE BRITISH INVASION

\$ 72

COURSE #	INSTRUCTOR	DAYS
D55 21080 1201	John Einarson	6 Mondays
DATE	TIME	ROOM
Sept 10-Oct 22 (no class Oct 8th)	10:00-12:00pm	Room 2M70

This 6 week multi-media course explores the origins of The Beatles, Merseybeat, Beatlemania and the British Invasion in the 1960s; the key figures, influences, music, fashion, and impact on society.

THE TWENTY-FIRST CENTURY MIND AND ITS MAKING

\$144

COURSE #	INSTRUCTOR	DAYS
D55 21081 1201	Bruce Sarbit	12 Mondays
DATE	TIME	ROOM
Sept. 10-Dec. 3 (no class Oct. 8th)	1:00-3:00pm	Room 2M70

We will explore the many ways in which the world has changed (in industry, politics, science, technology and the arts) in the 19th and 20th Centuries, and how those changes have shaped and modified the ways in which we perceive and respond to the world in the 21st. We'll use a combination of lecture, video and PowerPoint presentations to engage participants and jumpstart discussions.

TYRANTS, DICTATORS & MADMEN AS HEADS OF STATE

\$ 96

COURSE #	INSTRUCTOR	DAYS
D55 21082 1201	Peter St. John	8 Tuesdays
DATE	TIME	ROOM
Sept 11-Oct 30	10:00-12:00pm	Eckhardt-Gramatte Hall

This course will deal with tyrants through history beginning with Alexander the Great through Emperors Augustus and Caligula, taking in Frederick the Great, Napoleon and ending with Hitler, Stalin and Mussolini. We shall enquire how tyrants are classified, the conditions giving rise to tyranny, their nature, their preparation and consolidation of power and finally their fall.

AMERICAN PRESIDENTS: HEROES, INCOMPETENTS AND VILLAINS IN A TOUGH JOB

\$72

COURSE #	INSTRUCTOR	DAYS
D55 21083 1201	Bruce Daniels	6 Tuesdays
DATE	TIME	ROOM
Sept 18-Oct 23	1:00-3:00pm	Room 2M70

The American president is the most powerful person on Planet Earth and yet, paradoxically, he often seems nearly inert and unable to govern due to oppositional forces within his own country and government. In lectures and Socratic dialogue, we will examine the constitutional origins of this strange office, the changing dynamics of national American elections, and the careers of some of the more successful and unsuccessful U.S. presidents.

ETHICAL DIMENSIONS OF HEALTH CARE: BUT ARE THEY RIGHT?

\$72

COURSE #	INSTRUCTOR	DAYS
D55 21084 1201	Carol Opochinsky	6 Tuesdays
DATE	TIME	ROOM
Oct 30-Dec 4	1:00-3:00pm	Room 2M70

Initially, basic parameters for discussing ethical dimensions of health care are presented. These will be used by the instructor and class members in the analysis of ethical obligations and issues in individual patient care and the development of health care policies. Questions and discussion are strongly encouraged.

PECULIAR TREASURES: A BIBLICAL WHO'S WHO

\$72

COURSE #	INSTRUCTOR	DAYS
D55 21085 1201	James Christie	6 Wednesdays
DATE	TIME	ROOM
Sept 12-Oct 17	10:00-12:00pm	Room 2M70

The Feminist Movement holds that "*the personal is political*." They're right. The personal is also Biblical. The Abrahamic Faiths – Judaism, Christianity and Islam – are built on the premise that relationship is woven into the fabric of reality. Few relationships are more vivid than those between and among Biblical characters and God. "*Can we talk?*"

Call **982-6633** to register or visit dce.uwinnipegcourses.ca/main/community-programs/55-plus-program for more information.

PROFESSIONAL, APPLIED AND CONTINUING EDUCATION

55 PLUS PROGRAM | FALL 2012

THE LIFE AND TIMES OF CHIEF PEGUIS AND THE CHURCH OF ST. PETER

\$144

COURSE #	INSTRUCTOR	DAYS
D55 21086 1201	Donna Sutherland	12 Wednesdays
DATE	TIME	ROOM
Sept 12-Nov 28	1:00-3:00pm	Room 2M70

This course will share an informative series of stories about the life & times of local Saulteaux (Ojibway) leader, Chief Peguis. Born in 1774, Peguis came to the region of Red River Settlement (Winnipeg) in the mid 1780's and settled on the banks of Netley Creek. He befriended several English missionaries who came to the region, but his relationship with Rev. William Cockran is best known. Together, they created the settlement of St. Peter's and the church of St. Peter, Dynevor. Based on the book: *Peguis: A Noble Friend*.

REFORM AND REVOLUTION IN EUROPE: 16TH CENTURY TO 1848

\$144

COURSE #	INSTRUCTOR	DAYS
D55 21087 1201	Robert Young	12 Thursdays
DATE	TIME	ROOM
Sept 13-Nov 29	1:00-3:00pm	Eckhardt-Gramatte Hall

This course surveys the accelerating clash between forces intent on conserving "old" Europe and those promoting change. Principal emphasis will be on the following themes: Luther's significance to the Reformation; the roots of the Revolution in France; Industrialization and the vision of Karl Marx.

HOW POLITICS REALLY WORKS, AS SEEN BY FORMER INSIDERS

\$72

COURSE #	INSTRUCTOR		
D55 21088 1201	Association of Former Members of the Legislature (AFMLA)		
DAYS	DATE	TIME	ROOM
6 Thursdays	Sept 20-Oct 25	10:00-12:00pm	Room 2M70

The AFMLA is proud to present its second series of informal talks by political insiders who will share their personal experiences, insights, highlights and challenges, and enter into dialogue with participants. Speakers will come from all major parties with the final session being a Panel discussion on current topics.

POSSIBILITY OF HUMANITY

\$144

COURSE #	INSTRUCTOR	DAYS
D55 21089 1201	Karen Toole	12 Fridays
DATE	TIME	ROOM
Sept 14-Nov 30	10:00-12:00pm	Eckhardt-Gramatte Hall

The media provides us with overwhelming images of humanity's inhumanity. History is rife with examples of the worst we can do to each other. Together, in this twelve week course, we will explore the philosophical, theological, and spiritual components of the question: "Is humanity possible?" This will be an interactive class which will utilize print, discussion, movie and media resources.

55 Plus courses provide you with the benefit of lifelong learning without the tests, assignments or exams.

ADDITIONAL INFORMATION

1. ADVISORY GROUP

The 55Plus Advisory group comprises 12-16 students of the program. These individuals sign on for 3-year terms and assist the UWinnipeg PACE in determining the program structure and future courses.

2. GWEN AXWORTHY BURSARY

Given by members of the Axworthy family, this bursary will be awarded annually to student(s) who require financial assistance.*

3. HELEN S. MALROY MEMORIAL BURSARY

This bursary, established by a bequest gift from Helen Malroy, will be awarded annually to enable a student(s) with demonstrated financial need to register for courses in the 55 Plus Program.*

4. LIFELONG LEARNING CERTIFICATE

Awarded to student(s) who have taken at least one course per term for ten years or more.*

5. GUARANTEED INCOME SUPPLEMENT DISCOUNT

Students receiving Guaranteed Income Supplement are eligible to access the Gwen Axworthy or Helen S. Malroy Memorial bursaries to attend one class per term at no cost. Call 982-6633 for more information on how to access these bursaries.

6. GUEST PASSES

Free guest passes will be available after the first class of each course. Passes are limited to a maximum of two courses per term based on the availability of space in the course.

*All forms are available on-line at Pace.UWinnipegCourses.ca or by calling the registration office at 982-6633

UNIVERSITY of WINNIPEG | PACE

TEL: 204.982.6633 | FAX: 204.944.0115 | Pace.UWinnipegCourses.ca

PROFESSIONAL, APPLIED AND CONTINUING EDUCATION

55 PLUS PROGRAM | WINTER 2013

WELL BEING FOR SENIORS II \$144

COURSE #	INSTRUCTOR	DAYS
D55 21422 1201	Ben Trunzo/Leo Berube	12 Mondays
DATE	TIME	ROOM
Jan 14-Apr 8 (no class Feb. 18th)	10:30-12:00pm	Duckworth Centre / Auxillary Gym

This course is a continuation of Well-Being for Seniors I offered in fall 2012. New students are welcome. The goal is to increase participants' strengths, flexibility, balance and mobility.

KEYBOARDS GALORE \$144

COURSE #	INSTRUCTOR	DAYS
D55 21090 1201	Don Anderson	12 Mondays
DATE	TIME	ROOM
Jan 14-Apr 8 (no class Feb. 18th)	10:00-12:00pm	Room 2M70

Instructor Don Anderson guides you through five centuries of music for keyboards, from the organ and harpsichord works of Baroque masters such as Bach, all the way to recent music for electronic instruments.

THE HOLOCAUST AND OTHER MAN-MADE DISASTERS \$120

COURSE #	INSTRUCTOR	DAYS
D55 21091 1201	Daniel Stone	10 Mondays
DATE	TIME	ROOM
Jan 14-Mar 25 (no class Feb 18)	1:00-3:00pm	Room 2M70

Mass murder has been a tragic part of the twentieth century and seems unlikely to disappear in the twenty-first century. This course surveys several examples of mass murder to see the kinds of situations that give rise to these tragedies. Topics will include The History of Antisemitism, The Rise of Nazism, the Concentration and Death Camps, the Soviet (Ukrainian) Famine of 1933, the Cambodian killings of 1975-1979, and the Rwandan massacres of 1994.

THE CHANGING FACES OF WOMEN IN THE TRADITIONAL NOVEL \$144

COURSE #	INSTRUCTOR	DAYS
D55 21093 1201	Celine Kear	12 Tuesdays
DATE	TIME	ROOM
Jan 8-Mar 26	1:00-3:00pm	Room 2M70

Women have been portrayed in many different aspects in the traditional novel, not just the drawing room roles often uniquely associated with them. This course will look at works which show them in many non-traditional roles: poor, abandoned, divorced and often thrown upon their own resources. We will look at novels such as:

Madame Bovary by Gustave Flaubert
The Scarlet Letter by Nathaniel Hawthorne
The Tenant of Wildfell Hall by Anne Bronte

The Awakening by Kate Chopin
Emma by Jane Austen

MATTHEW, MARK, LUKE AND JOHN: ARE THESE THE ROCKS TO BUILD UPON? \$72

COURSE #	INSTRUCTOR	DAYS
D55 21094 1201	James Christie	6 Wednesdays
DATE	TIME	ROOM
Jan 16-Feb 27	10:00-12:00pm	Room 2M70

These four bright lads were probably not individual religious geni. They almost certainly represent early Christian communities: diverse, disparate, sometimes even disagreeable. They are not "Gospel". That is the event of Jesus of Nazareth. They are "gospels", small "g". They interpret the event. There is a difference. Let's look at it.

ART FOR THE ANCIENT GREEKS AND ROMANS \$144

COURSE #	INSTRUCTOR	DAYS
D55 21092 1201	Bob Gold	12 Thursdays
DATE	TIME	ROOM
Jan 10-Mar 28	10:00-12:00pm	Room 2M70

While many Greek and Roman artists served the state and their cities, other artists produced articles of great beauty and taste for individual citizens. We shall attempt to place these articles, which include jewellery, pottery, glass, decorative mosaics, frescoes, portraits, and a variety of artefacts in terracotta, bronze, silver and gold, in the contexts of the houses, mansions and palaces for which they were produced.

WOMEN IN SCIENCE \$72

COURSE #	INSTRUCTOR	DAYS
D55 21095 1201	Mary Mathias/Barry Hammond	6 Thursdays
DATE	TIME	ROOM
Jan 10-Feb 14	1:00-3:00pm	Room 2M70

For centuries women have played vital roles in the advancement of science, but their contributions were rarely recognized or acknowledged until approximately the late 1800's. Whether we examine mathematics or physical/chemical sciences, earth sciences, life sciences or social sciences, women have been there with valuable contributions. This course will examine the lives and works of some of those women who have played key roles in the development of their chosen branches of science.

Annual General Meeting will take place on March 18, 2013 12:00-1:00 pm in room 2M70.

PROFESSIONAL, APPLIED AND CONTINUING EDUCATION

55 PLUS PROGRAM | WINTER 2013

WHY DID YOU HANG THAT ON YOUR WALL? A BIRDS-EYE VIEW OF PAINTING THROUGH THE CENTURIES \$72

COURSE #	INSTRUCTOR	DAYS
D55 21096 1201	Ron Robinson	6 Thursdays
DATE	TIME	ROOM
Feb 21-March 28	1:00-3:00pm	Room 2M70

Imagine a world with no images. Impossible. Why did humans first scratch, then draw and finally colour images? From cave paintings to computers. We'll delight in the power of the visual image. A chronological viewing through history including a visit to our own gallery on campus, 1CO3. As well, we'll consider the Winnipeg Art Gallery and the National Gallery in London.

OPEN TO ALL

MINDFULNESS BASED STRESS REDUCTION \$250

COURSE #	INSTRUCTOR	DAYS
DMISC 23035 1202	Dawn MacDonald	9 Thurs/1 Sat
DATE	TIME	ROOM
Sept 20-Nov 15 & Nov 3	6:30-9:30pm/8:30-4:30pm	2M70

THE UNIVERSITY OF WINNIPEG FACULTY & STAFF CLUB

The University of Winnipeg Faculty & Staff Club offers an Associate Membership to 55 Plus students at a reduced annual fee of \$40. The club is situated on the quiet fourth floor of Wesley Hall at the University of Winnipeg and serves as a common meeting place for the University community.

For more information:
www.facultyandstaffclub.ca
info@facultyandstaffclub.ca | 204-774-8125

DARWIN, WALLACE AND THEIR LEGACY OF ORGANIC EVOLUTION \$72

COURSE #	INSTRUCTOR	DAYS
D55 21097 1201	Lyle Lockhart	6 Wednesdays
DATE	TIME	ROOM
Feb 20-March 27	1:00-3:00pm	Room 2M70

Several people put forward the ideas of evolution before Darwin and Wallace, but those early writers failed to develop the compelling evidence needed to convince the world. Together Darwin and Wallace changed the scientific world. Evolution has become the fundamental principle underpinning the life sciences. We will also discuss how evolution both fuels the conflict with some religious traditionalists and provides some basis for dialogue between science and religious faith.

This course will introduce the concept of the relationship of mind, brain and body to explain some of the psychological approaches that promote health and well-being. Meditative practices will be cultivated assisting participants to reduce stress, promote calm and well-being, enhance physical health, and develop perspective and resilience

HOW TO REGISTER:

Phone: 982.6633 or **Fax:** 944.0115
Mail: Buhler Centre, 515 Portage Avenue, Winnipeg, MB. R3B 2E9
(No cash accepted after 4:00pm or on Saturdays)

All courses take place at:
The University of Winnipeg, 515 Portage Avenue

SPACE IS LIMITED SO REGISTER EARLY!

UNIVERSITY of WINNIPEG | PACE
TEL: 204.982.6633 | FAX: 204.944.0115
Pace.UWinnipegCourses.ca



Professional, Applied and Continuing Education

55 PLUS PROGRAM 2012-2013



THE UNIVERSITY OF WINNIPEG